



FOR IMMEDIATE RELEASE
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CONTACT: Frank Marrero
(707) 447-1058

Local Foundation President Asked to Speak at Statewide Athletic Directors

Vacaville, Calif., September 1, 2010 – President of The Efrain Anthony Marrero Foundation (TEAM), Frank Marrero, has just returned from a powerful presentation in Lodi where he discussed awareness of steroid and performance and enhancing drug use with athletic directors at the CIF-Sac Joaquin State Conference in Lodi.

Frank Marrero and his wife Brenda, Vacaville residents, founded The Efrain Anthony Marrero Foundation in 2005, following the devastating loss of their oldest son, Efrain, who, at the age of 19, took his own life after a challenging battle with steroid use.

“After our son’s death, it became our mission to help our youth make the right decision when it comes to using steroids and performance enhancing drugs. A big part of this commitment is education, not just of our student athletes, but of their mentors and educators. The presentation in Lodi, which we have done two years consecutively, fulfills our mission to educate in order to prevent,” said Frank Marrero, President of the Foundation.

This presentation aimed at coaches discusses the use of steroids and illustrates the side effects and negative consequences, aiming to give coaches the knowledge and skill-set to recognize steroid use among student athletes and give the appropriate guidance. Marrero’s presentation promotes healthy sports training and competition through natural ability, nutrition and healthy exercise programs.

The Foundation has dedicated more than 10,000 hours of volunteer service since 2005 and has directly reached more than 50,000 people with its message. The Marreros have worked on several Congressional and Presidential committees and have helped place the ATLAS & ATHENA anti-steroid curriculum in schools across the nation, including Efrain’s Alma Matter, Vacaville High School and Will C. Wood High School with the help of a \$60,000 grant from the NFL’s Oakland Raiders.

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About The Efrain Anthony Marrero Foundation

The Efrain Anthony Marrero Foundation a non-profit corporation was formed in 2005 in memory of Efrain Anthony Marrero, who took his own life on September 26, 2004, three weeks after he stopped using steroids. The Foundation is dedicated to ending the abuse of steroids and performance enhancing drugs by youth in America through education advocacy and assistance. For more information visit www.nosteroids.org.